

Student Weekday Schedule

| Time | Activity |
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| 7:00 – 8:10 am | Wake up and breakfast, living unit chores |
| 8:10 – 10:20 am | Core academics and electives, group treatment |
| 10:20 – 11:15 am | Health and Wellness |
| 11:25-12:25 pm | Lunch |
| 12:25 – 2:35 pm | Core academics and electives, group treatment |
| 2:35 – 3:05 pm | Snack/study hall |
| 3:05 – 4:05 pm | Positive Skill Development Groups |
| 4:05 – 6:10 pm | Academics/credit recovery, career and technical education, athletics |
| 6:20 – 7:20 pm | Dinner and showers |
| 7:30 – 8:30 pm | Structured leisure activities, homework, letter, calls, free reading |
| 8:30 – 8:45 pm | Team meeting |
| 8:45 – 9:00 pm | Preparation for bed |
| 9: 00 pm | Lights out (time based on student status) |